



# Lunch Break BOOK CLUB

Take a break in your day and join us for our Lunch Break Book Club. Whether you are caregiving or looking for a way to connect with others, together we will explore timely topics while engaging with fellow community members. Sponsored by Hospice of the Piedmont and Senior Resources of Guilford, the Book Club focuses on caregivers although anyone in the community is invited to participate.

Join us on Thursday, July 10 as we begin exploring our next book selection, *Where the Light Gets In* by Kimberly Williams-Paisley. The kickoff event will be a chance to meet other participants and take part in an introduction to the book. All participants will reconvene on Thursday, August 14 after reading the selection for a book club discussion.

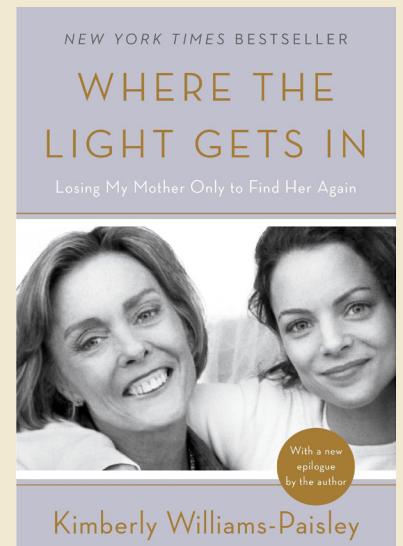
## ***Where the Light Gets In: Losing My Mother Only to Find Her Again*** **Thursday, July 10 | 12 noon**

*(Refreshments will be served)*

**High Point Public Library | Morgan Community Room**  
901 N. Main Street, High Point

*The first 12 registrants will receive a free copy of the book  
at the kickoff event.*

To register, visit the Events page at  
[www.hospiceofthepiedmont.org](http://www.hospiceofthepiedmont.org) or call 336-889-8446.



### **About the book**

Many know Kimberly Williams-Paisley as the bride in the popular Steve Martin remakes of the Father of the Bride movies, the calculating Peggy Kenter on Nashville, or the wife of country music artist, Brad Paisley. But behind the scenes, Kim was dealing with a tragic secret: her mother, Linda, was suffering from a rare form of dementia that slowly crippled her ability to talk, write and eventually recognize people in her own family.

*Where the Light Gets In* tells the full story of Linda's illness - called primary progressive aphasia - from her early-onset diagnosis at the age of 62 through the present day. Kim draws a candid picture of the ways her family reacted for better and worse, and how she, her father and two siblings educated themselves, tried to let go of shame and secrecy, made mistakes, and found unexpected humor and grace in the midst of suffering.

**Scan this  
QR code to  
learn more  
and to  
register!**

