



Lunch Break BOOK CLUB

Take a break in your day and join us for our Lunch Break Book Club. Whether you are caregiving or looking for a way to connect with others, together we will explore timely topics while engaging with fellow community members. Sponsored by Hospice of the Piedmont and Senior Resources of Guilford, the Book Club focuses on caregivers although anyone in the community is invited to participate.

Join us on Thursday, October 9 as we begin exploring our next book selection, *Together* by Judy Goldman. The kickoff event will be a chance to meet other participants and take part in an introduction to the book. All participants will reconvene on Thursday, November 13 after reading the selection for a book club discussion.

Together: ***A Memoir of a Marriage and a Medical Mishap*** **Thursday, October 9 | 12 noon**

(Refreshments will be served)

High Point Public Library | Morgan Community Room
901 N. Main Street, High Point

*The first 12 registrants will receive a free copy of the book
at the kickoff event.*

To register, visit the Events page at
www.hospiceofthepiedmont.org or call 336-889-8446.



About the book

When Judy Goldman's husband of almost four decades has a routine spinal injection to alleviate back pain, he is instantly paralyzed from the waist down - a phenomenon no doctor can explain or undo.

She's forced to take over, navigating the byzantine medical world they suddenly find themselves in. Her husband is forced to give in. This is the starting point for *Together*, which looks at the changes every couple faces - the slow, ordinary ones brought about by time and the sudden, dramatic ones that take us by surprise. Identities shift; roles switch. How do we adjust? How do we let go of the if-onlys?

Together is a deeply honest story about the life we dream of and the life we make—an elegant and empathetic meditation on what happens to love, over time and all at once.

Scan this
QR code to
learn more
and to
register!

