

Monday	Tuesday	Wednesday	Thursday	Friday
<i>The Evergreens Lifestyle Center is closed today.</i> 	1 9a Better Balance (\$4) 9:45a Advanced Better Balance (\$4) 10a Living Legacy * 1p Zumba Gold (\$5) 2p Games & Mahjong	3 10a Virtual Reality * 11a Open Art/Craft Room 1p Cardio Drumming (\$5) 2p Crochet Club 	4 10a Recipe for Success (V) 11a Grief Support Group 12:30p Tai Chi (\$4) 1p Blood Pressure Checks 2p Jewelry Club 2p Dominoes 2p Ice Cream Social	5 9:15a Chair Yoga (\$4) (V) 10a Trivia with Tina 11a Book Club- West with Giraffes * 1p Friday Favorite Movie – About a Boy * 1p Birthday Celebration
8 9:15a AHOY (\$4)(V) 1:30p Arthritis Foundation Exercise Program (\$5) 2:30p Canasta 	9 9a Better Balance (\$4) 9:45a Advanced Better Balance (\$4) 10a Living Legacy * 1p Zumba Gold (\$5) 2p Games & Mahjong 6p CAA *	10 10a Virtual Reality * 10:30a Hispanic Heritage Month Trivia 11a Open Art/Craft Room No Cardio Drumming today. 2p Crochet Club	11 9a Fall Recovery (\$5) * 12:30p Tai Chi (\$4) 1p Blood Pressure Checks 2p Jewelry Club 2p Dominoes 2p Aging is Beautiful Photoshoot *	12 9:15a Chair Yoga (\$4) (V) 10a Trivia with Tina 11a Book Club- West with Giraffes * 12p Roaring Twenties Mystery Game * 1p Friday Favorite Movie – Widow's Peak *
15 9:15a AHOY (\$4)(V) 10a Indonesia Travelogue * 1:30p Arthritis Foundation Exercise Program (\$5) 2:30p Canasta	16 9a Better Balance (\$4) 9:45a Advanced Better Balance (\$4) 10a Living Legacy * 1p Zumba Gold (\$5) 2p Games & Mahjong	17 No VR today. 11a Open Art/Craft Room 1p Cardio Drumming (\$5) 2p Crochet Club 	18 10a Dementia Experience * 10a Recipe for Success (V) 12:30p Tai Chi (\$4) 1p Blood Pressure Checks 2p Jewelry Club 2p Dominoes	19 9:15a Chair Yoga (\$4) (V) 10a Trivia with Tina 11a Book Club- West with Giraffes * 1p Friday Favorite Movie – Brief Encounter *
22 9:15a AHOY (\$4)(V) 1:30p Arthritis Foundation Exercise Program (\$5) 2:30p Canasta 3p Apple Pie Tasting 	23 9a Better Balance (\$4) 9:45a Advanced Better Balance (\$4) 1p Zumba Gold (\$5) 2p Games & Mahjong 2p Luau	24 10a Virtual Reality * 11a Open Art/Craft Room 1p Cardio Drumming (\$5) 2p Crochet Club 	25 10am Out & About (V) 10a You've Been Hacked Tech Class 12:30p Tai Chi (\$4) 1p Blood Pressure Checks 2p Jewelry Club 2p Dominoes	26 9:15a Chair Yoga (\$4) (V) 10a Donuts with the Director 11a Power of Budgeting 11a Book Club- West with Giraffes * 12p Senior Center Month Potluck
29 9:15a AHOY (\$4)(V) 10a Genealogy Workshop 1:30p Arthritis Foundation Exercise Program (\$5) 1:30p Afternoon Tea Day Trip (\$30) * 2:30p Canasta	30 9a Better Balance (\$4) 9:45a Advanced Better Balance (\$4) 11a Block Craft * (\$5) 1p Zumba Gold (\$5) 2p Games & Mahjong	 September 2025 <i>A * next to an activity means signing up ahead of time is required.</i>		