

Monday

Tuesday

Wednesday

Thursday

Friday



May 2026

A * next to an activity means signing up ahead of time is required.

10a Walking Club 4
 9:15a AHOY (\$4) (V)
 12:30p Reminisce Group
 2:30p Canasta
 3p How to Take Care of Your Smartphone (\$5)

9a Better Balance (\$4) 5
 9:45a Advanced Better Balance (\$4)
 10a Current Events Trivia
 1p Zumba Gold (\$5)
 2p Games & Mahjong



10:30a What Can the Dept. of Insurance Do for Me 6
Presentation
 11a Open Art/Craft Room
 1p Cardio Drumming (\$5)
 2p Crochet Club
 2p Canasta

10a Recipe for Success 7
 11a Line Dancing
 12:30p Tai Chi (\$4)
 1p Blood Pressure Checks
 2p Jewelry Club
 2p Dominoes

9:15a Chair Yoga 8
 (\$4) (V)
 10a Trivia
 11am Book Club – James
 11a Anura Quintet Performance
 1p Friday Favorite Movie - Blazing Saddles *

10a Walking Club 11
 9:15a AHOY (\$4) (V)
 12:30p Reminisce Group
 2:30p Canasta
 3p Save Money on Internet Costs (\$5)

9a Basket Weaving 12
 (\$10) *
 9a Better Balance (\$4)
 9:45a Advanced Better Balance (\$4)
 1p Zumba Gold (\$5)
 2p Games & Mahjong
 6p CAA Movie Night *

9a Hearing Loss Presentation & Screening * 13
 11a Open Art/Craft Room
 1p Cardio Drumming (\$5)
 2p Crochet Club
 2p Canasta

11a Line Dancing 14
 12:30p Tai Chi (\$4)
 1p Blood Pressure Checks
 2p Jewelry Club
 2p Dominoes



9:15a Chair Yoga 15
 (\$4) (V)
10a Song Circle
 11am Book Club – James
 1p Friday Favorite Movie - Jivaro *

10a Walking Club 18
 9:15a AHOY (\$4) (V)
 No Reminisce Group today.
 2:30p Canasta
 3p Save Money by Learning to Stream TV and Music (\$5)
 4p Voice Assistants Can Help (\$5)

9a Basket Weaving 19
 (\$10) *
 9a Better Balance (\$4)
 9:45a Advanced Better Balance (\$4)
 10a Current Events Trivia
 1p Zumba Gold (\$5)
 2p Games & Mahjong

10a The Anti-Arthritis Diet 20
 11a Open Art/Craft Room
 1p Cardio Drumming (\$5)
 2p Crochet Club
 2p Canasta
 2p Terra Cotta Pot Painting (\$3) *

10a Recipe for Success 21
 11a Line Dancing
 12:30p Tai Chi (\$4)
 1p Blood Pressure Checks
 2p Jewelry Club
 2p Dominoes

9a Old Salem Day Trip (\$50) * 22
 9:15a Chair Yoga (\$4) (V)
 10a Trivia
 11am Book Club – James
 1p Friday Favorite Movie - Singin' in the Rain *



MEMORIAL DAY
 THE EVERGREENS LIFESTYLE CENTER IS CLOSED TODAY.

9a Better Balance (\$4) 25
 9:45a Advanced Better Balance (\$4)
 10a Current Events Trivia
 1p Zumba Gold (\$5)
 2p Games & Mahjong

10a Australia Travelogue * 26
 11a Open Art/Craft Room
 1p Cardio Drumming (\$5)
 2p Crochet Club
 2p Canasta

11a Line Dancing 27
 12:30p Tai Chi (\$4)
 1p Blood Pressure Checks
 2p Jewelry Club
 2p Dominoes



9:15a Chair Yoga 28
 (\$4) (V)
10a Donuts with the Director
 1p Friday Favorite Movie - Jaws *

