

Monday

Tuesday

Wednesday

Thursday

Friday

March 2024

A * next to an activity means registration is required by calling 336-373-4816 ext 280

<p>9:15a AHOY (\$3) (V) 10:15a Weeds & Seeds Garden Club 10:30a iPhone class series * 1p Arthritis Foundation Exercise Program (\$4) 1p Android Phone class series *</p>	<p>4 9a iPhone class series * 9a Better Balance (\$3) 9:45a Advanced Better Balance (\$3) 11a Bingo 1p Zumba Gold (\$4) 1p Virtual Reality * 2p Games & Mahjong</p>	<p>5 11a Open Art/Craft Room 1p Cardio Drumming (\$4) * 2p Crochet Club</p>	<p>6 10a Recipe for Success (V) 12:30p Tai Chi (\$3) 1p Blood Pressure Checks 2p Jewelry Club 2p Pictionary</p>	<p>7 9:15a Chair Yoga (\$3) (V) 10a Trivia with Tina 11a Being Mortal Book Club * 1p Film Screening and Discussion- "Danger: Diabolik" *</p>
<p>9:15a AHOY (\$3) (V) 10:30a iPhone class series * 1p Arthritis Foundation Exercise Program (\$4) 1p Android Phone class series *</p>	<p>11 9a iPhone class series * 9a Better Balance (\$3) 9:45a Advanced Better Balance (\$3) 11a Bingo with Arosa 1p Medicare 101 (V) 1p Zumba Gold (\$4) 1p Virtual Reality * 2p Games & Mahjong 6p Carolina Aging Alliance Game Night *</p>	<p>12 11a Triptych Botanical Prints * 1p Cardio Drumming (\$4) * 2p Crochet Club</p>	<p>13 12:30p Tai Chi (\$3) 1p Blood Pressure Checks 2p Jewelry Club 2p Pictionary</p>	<p>14 9:15a Chair Yoga (\$3) (V) 10a Trivia with Tina 11a Being Mortal Book Club * 11a Refugee Outreach 1p Film Screening and Discussion- "Samsara" *</p>
<p>9:15a AHOY (\$3) (V) 10:30a iPhone class series * 1p Arthritis Foundation Exercise Program (\$4) 1p Android Phone class series * 2:30p Saving Tips</p>	<p>18 9a iPhone class series * 9a Better Balance (\$3) 9:45a Advanced Better Balance (\$3) 11a Bingo 1p Zumba Gold (\$4) 1p Virtual Reality * 2p Games & Mahjong</p>	<p>19 11a Open Art/Craft Room 11a Options for Funeral Planning Workshop 11a Gardening (V) 1p Cardio Drumming (\$4) * 2p Crochet Club</p>	<p>20 10a Recipe for Success (V) 12:30p Tai Chi (\$3) 1p Blood Pressure Checks 2p Jewelry Club 2p Pictionary</p>	<p>21 9:15a Chair Yoga (\$3) (V) 10a Trivia with Tina 11a Being Mortal Book Club * 1p Film Screening and Discussion- "Fiddler on the Roof" *</p>
<p>9:15a AHOY (\$3) (V) 10:30a iPhone class series * 1p Arthritis Foundation Exercise Program (\$4) 1p Android Phone class series *</p>	<p>25 9a iPhone class series * 9a Better Balance (\$3) 9:45a Advanced Better Balance (\$3) 11a Bingo 1p Zumba Gold (\$4) 1p Virtual Reality * 2p Games & Mahjong</p>	<p>26 11a Open Art/Craft Room 1p Cardio Drumming (\$4) * 2p Crochet Club</p>	<p>27 12:30p Tai Chi (\$3) 1p Blood Pressure Checks 2p Jewelry Club 2p Pictionary</p>	<p>28 9:15a Chair Yoga (\$3) (V) 10a Donuts with the Director 1p Film Screening and Discussion- "Logan's Run" *</p>