

Monday	Tuesday	Wednesday	Thursday	Friday
<p>9:15a AHOY (\$3) (V)</p> <p>10a Apple Watch vs. FitBit Tech Class (\$5)</p> <p>1:30p Arthritis Foundation (\$4)</p> <p>2:30pm Canasta</p>	<p>9a Better Balance (\$3)</p> <p>9:45a Advanced Better Balance (\$3)</p> <p>1p Zumba Gold (\$4)</p> <p>2p Games & Mahjong</p>	<p>9a Internet Basics *</p> <p>10a Virtual Reality *</p> <p>11a Open Art/Craft Room</p> <p>1p Cardio</p> <p>Drumming (\$4) *</p> <p>2p Crochet Club</p>	<p>10a Recipe for Success (V)</p> <p>11a Lavender Bouquet Q-Tip Painting (\$3) *</p> <p>12:30p Tai Chi (\$3)</p> <p>1p Blood Pressure Checks</p> <p>2p Jewelry Club</p> <p>2p Dominoes</p>	<p>9:15a Chair Yoga (\$3)(V)</p> <p>10a Trivia with Tina</p> <p>11a "Big Lies in a Small Town" Book Club *</p> <p>1p Monthly Birthday Celebration</p> <p>1p Friday Favorite Movie – "Monty Python and the Holy Grail" *</p>
<p>9:15a AHOY (\$3) (V)</p> <p>10:30a Cancer-Fighting Superfoods *</p> <p>1:30p Arthritis Foundation (\$4)</p> <p>2:30pm Canasta</p>	<p>9a Better Balance (\$3)</p> <p>9:45a Advanced Better Balance (\$3)</p> <p>10:30a Hearing Loss Lunch & Learn *</p> <p>1p Zumba Gold (\$4)</p> <p>2p Games & Mahjong</p> <p>6p Caroling Aging Alliance *</p>	<p>10a Virtual Reality *</p> <p>11a Open Art/Craft Room</p> <p>1p Cardio</p> <p>Drumming (\$4) *</p> <p>2p Crochet Club</p> 	<p>9a Fall Recovery *</p> <p>12:30p Tai Chi (\$3)</p> <p>1p Blood Pressure Checks</p> <p>2p Jewelry Club</p> <p>2p Dominoes</p> <p>2p Ms. Senior Guilford County Talent Showcase</p>	<p>9:15a Chair Yoga (\$3)(V)</p> <p>10a Trivia with Tina</p> <p>11a "Big Lies in a Small Town" Book Club *</p> <p>1p Friday Favorite Movie – "The Way" *</p> 
<p>9:15a AHOY (\$3) (V)</p> <p>10a Maine Travelogue *</p> <p>1:30p Arthritis Foundation (\$4)</p> <p>2:30pm Canasta</p> 	<p>9a Better Balance (\$3)</p> <p>9:45a Advanced Better Balance (\$3)</p> <p>1p Zumba Gold (\$4)</p> <p>2p Games & Mahjong</p>	<p>10a Virtual Reality *</p> <p>11a Gardening with Recipe for Success (V)</p> <p>11a Open Art/Craft Room</p> <p>1p Cardio Drumming (\$4) *</p> <p>2p Crochet Club</p> <p>3p Ice Cream Social with Brookdale</p>	<p>The Evergreens Lifestyle Center is closed today.</p> 	<p>9:15a Chair Yoga (\$3)(V)</p> <p>10a Trivia with Tina</p> <p>11a "Big Lies in a Small Town" Book Club *</p> <p>1p Friday Favorite Movie – "The Help" *</p> 
<p>9:15a AHOY (\$3) (V)</p> <p>10a Do You Need a Smart Phone Tech Class (\$5)</p> <p>1:30p Arthritis Foundation (\$4)</p> <p>2:30pm Canasta</p> <p>3p Summer Fun Day sponsored by Griswold</p>	<p>9a Better Balance (\$3)</p> <p>9:45a Advanced Better Balance (\$3)</p> <p>12p Dreamgirls at the Barn Dinner Theater (\$80) *</p> <p>1p Zumba Gold (\$4)</p> <p>2p Games & Mahjong</p>	<p>10a Pride Month Trivia *</p> <p>11a Open Art/Craft Room</p> <p>1p Cardio</p> <p>Drumming (\$4) *</p> <p>2p Crochet Club</p> 	<p>10a Recipe for Success (V)</p> <p>11a Patriotic Craft Stick Mini Wreath (\$5) *</p> <p>12:30p Tai Chi (\$3)</p> <p>1p Blood Pressure Checks</p> <p>2p Jewelry Club</p> <p>2p Dominoes</p>	<p>9:15a Chair Yoga (\$3)(V)</p> <p>10a Donuts with the Director</p> <p>11a "Big Lies in a Small Town" Book Club *</p> <p>1p Friday Favorite Movie – "The Goonies" *</p>
<p>9:15a AHOY (\$3) (V)</p> <p>1:30p Arthritis Foundation (\$4)</p> <p>2:30pm Canasta</p> <p>3p Painting Party with Paint the Town (\$30) *</p>	 <h1>June 2025</h1> <p>A * next to an activity means registration is required by calling 336-373-4816 ext 280</p>			