

Monday

Tuesday

Wednesday

Thursday

Friday



**July 2026**

A \* next to an activity means you must sign up ahead of time

9:15a AHOY (\$4) (V) **6**

10a Walking Club

11am Basic Sewing Machine \*

12:30p Reminisce Grp

1:30p Arthritis Foundation Exercise Program (\$5)

2:30p Canasta

3p Oscar Movie – *The Alabama Solution*

9a Better Balance (\$4) **7**

9:45a Advanced Better Balance (\$4)

1p Zumba Gold (\$5)

2p Games & Mahjong

10:30a Responsible Aging **8**

11a Open Art/Craft Room

12p Virtual Cardio Drumming

1p Cardio Drumming (\$5)

2p Crochet Club

2p Canasta

8a Titanic Day Trip (\$60) \* **2**

10a Recipe for Success (V)


12:30p Tai Chi (\$4)

1p Blood Pressure Checks

2p Jewelry Club

2p Dominoes

The Evergreens Center is closed today in observance of Independence Day.



9:15a Chair Yoga (\$4) (V) **10**

10a Trivia

1p Friday Favorite Movie – *The Patriot*\*

Close at 3:30pm; please arrange pickup no later than 3pm.

9:15a AHOY (\$4) (V) **13**

10a Circle of Health

10a Walking Club

12:30p Reminisce Grp

1:30p Arthritis Foundation Exercise Program (\$5)

2:30p Canasta

3p Oscar Movie – *K Pop Demon Hunters*


9a Better Balance (\$4) **14**

9:45a Advanced Better Balance (\$4)

1p Zumba Gold (\$5)

2p Games & Mahjong

6p CAA \*



10a Stretch Your Grocery Dollars **15**

11a Open Art Room

12p Virtual Cardio Drumming

1p Cardio Drumming (\$5)

2p Crochet Club

2p Canasta

10a Recipe for Success (V) **16**

12:30p Tai Chi (\$4)

1p Blood Pressure Checks

2p Jewelry Club

2p Dominoes

9a Dix Park Day Trip (\$15) \* **17**

9:15a Chair Yoga (\$4) (V)

10a Trivia

1p Friday Favorite Movie – *National Treasure*\*

Close at 3:30pm; please arrange pickup no later than 3pm.

9:15a AHOY (\$4) (V) **20**

10a Walking Club

11a Stitch Happens \*

12:30p Reminisce Grp

1:30p Arthritis Foundation Exercise Program (\$5)

2:30p Canasta

3p Oscar Movie – *Bugonia*

9a Better Balance (\$4) **21**

9:45a Advanced Better Balance (\$4)

11a Philadelphia Live Virtual Tour

1p Zumba Gold (\$5)

2p Games & Mahjong

10a Outsmart the Scammer **22**

11a Open Art/Craft Room

12p Virtual Drumming

1p Cardio Drumming (\$5)

2p Crochet Club

2p Canasta

2p Christmas in July Crafts (\$3) \*

10a Iceland Travelogue \* **23**

12:30p Tai Chi (\$4)

1p Blood Pressure Checks

2p Jewelry Club

2p Dominoes

9:15a Chair Yoga (\$4) (V) **24**

10a Trivia

1p Ice Cream Social

Close at 3:30pm; please arrange pickup no later than 3pm.

9:15a AHOY (\$4) (V) **27**

10a Walking Club

12:30p Reminisce Group

1:30p Arthritis Foundation Exercise Program (\$5)

2:30p Canasta

3p Oscar Movie – *Hamnet*

9a Better Balance (\$4) **28**

9:45a Advanced Better Balance (\$4)

1p Zumba Gold (\$5)

2p Games & Mahjong

11a Open Art/Craft Room **29**

12p Virtual Cardio Drumming

1p Cardio Drumming (\$5)

2p Crochet Club

2p Canasta


10a Hamilton Screening \* **30**

12:30p Tai Chi (\$4)

1p Blood Pressure Checks

2p Jewelry Club

2p Dominoes



9:15a Chair Yoga (\$4) (V) **31**

10a Donuts with the Director

1p Friday Favorite Movie – *Stagecoach*\*

2p Summer Luau

Close at 3:30pm; please arrange pickup no later than 3pm.