

Monday	Tuesday	Wednesday	Thursday	Friday
<p>9:15a AHOY (\$3) 1 (V) No AFEP today. 1p Online Banking * 3p Google Chrome class series *</p>	<p>9a Better Balance (\$3) 2 9:45a Adv. Better Balance (\$3) 11a Bingo with Carolina Pines 1p Zumba Gold (\$4) 1p Virtual Reality * 2p Games and Mahjong 2:30p Joyful Sounds Barbershop Quartet</p>	<p>11a Open Art/Craft Room 3 1p Cardio Drumming (\$4) * 2p Crochet Club</p>	<p>The Evergreens Lifestyle Center is closed today. 4</p> 	<p>9:15a Chair Yoga 5 (\$3) (V) 10a Trivia with Tina 11a The Marriage Portrait Book Club 1p Film Screening – “Blow-Up” *</p>
<p>9:15a AHOY (\$3) 8 (V) 1p Arthritis Foundation Exercise Program (\$4) 2p Basic Sign Language 2:30p Ice Cream Social with Carolina Pines</p>	<p>9a Better Balance (\$3) 9 9:45a Adv. Better Balance (\$3) 11a Bingo 1p Zumba Gold (\$4) 1p Virtual Reality * 2p Games and Mahjong 6p Pizza & Game Night with Carolina Aging Alliance</p>	<p>10a Brain Health with AARP 10 11a Open Art/Craft Room 1p Cardio Drumming (\$4) * 2p Crochet Club</p> 	<p>12p Reverse Mortgages Lunch & Learn * 11 12:30p Tai Chi (\$3) 1p Blood Pressure Checks 2p Jewelry Club</p>	<p>9:15a Chair Yoga 12 (\$3) (V) 9:30a Seagrove Day Trip (\$\$) * 11a The Marriage Portrait Book Club 11a Refugee Outreach 1p Film Screening – “Blume in Love” *</p>
<p>9:15a AHOY (\$3) 15 (V) 10a Travelogue – Scottish Highlands * 1p Arthritis Foundation Exercise Program (\$4) 2p Basic Sign Language</p>	<p>9a Better Balance (\$3) 16 9:45a Adv. Better Balance (\$3) 11a Bingo with Acclaim 1p Zumba Gold (\$4) 1p Virtual Reality * 2p Games and Mahjong</p> 	<p>11a Teacup Fairy Gardens * 17 11a Gardening with Recipe for Success (V) 1p Cardio Drumming (\$4) * 2p Crochet Club</p>	<p>10a Recipe for Success (V) 18 12:30p Tai Chi (\$3) 1p Blood Pressure Checks 2p Jewelry Club</p>	<p>9:15a Chair Yoga 19 (\$3) (V) 10a Trivia with Tina 11a The Marriage Portrait Book Club 11a Refugee Outreach No movie today.</p>
<p>9:15a AHOY (\$3) 22 (V) 1p Arthritis Foundation Exercise Program (\$4) 2p Basic Sign Language</p>	<p>9a Better Balance (\$3) 23 9:45a Adv. Better Balance (\$3) 11a Bingo with Acclaim 1p Zumba Gold (\$4) 1p Virtual Reality * 2p Games and Mahjong</p>	<p>11a Funeral Options and Pre-Planning 24 11a Open Art/Craft Room 1p Cardio Drumming (\$4) * 2p Crochet Club</p>	<p>12:30p Tai Chi (\$3) 25 1p Blood Pressure Checks 2p Jewelry Club</p> 	<p>9:15a Chair Yoga 26 (\$3) (V) 10a Donuts with the Director 11a The Marriage Portrait Book Club 1p Film Screening – “Leave Her to Heaven” *</p>
<p>9:15a AHOY (\$3) 29 (V) 1p Arthritis Foundation Exercise Program (\$4) 2p Basic Sign Language</p>	<p>9a Better Balance (\$3) 30 9:45a Adv. Better Balance (\$3) 11a Bingo 1p Zumba Gold (\$4) 1p Virtual Reality * 2p Games and Mahjong</p>	<p>11a Open Art/Craft Room 31 1p Cardio Drumming (\$4) * 2p Crochet Club</p> 	 <p>July 2024</p> <p>A * next to an activity means registration is required by calling 336-373-4816 ext 280</p>	