

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|--|
| 9:15a AHOY (\$4) 3 (V) 10a Walking Club 11am Basic Sewing Machine * 12:30p Reminisce Grp 1:30p Arthritis Foundation Exercise Program (\$5) 2:30p Canasta | 9a Better Balance (\$4) 4 9:45a Advanced Better Balance (\$4) 10a Uno 1p Zumba Gold (\$5) 2p Games & Mahjong | 10a Digital Photography * 5 11a Open Art/Craft Room 12p Virtual Cardio Drumming 1p Cardio Drumming (\$5) 2p Crochet Club 2p Canasta | 10a Recipe for Success (V) 6 12:30p Tai Chi (\$4) 1p Blood Pressure Checks 2p Jewelry Club 2p Dominoes  | 9:15a Chair Yoga (\$4) (V) 7 10a Trivia 12p Summer BBQ Potluck 1p Friday Favorite Movie – <i>Ladyhawke*</i> <i>Close at 3:30pm; please arrange pickup no later than 3pm.</i> |
| 9:15a AHOY (\$4) 10 (V) 10a Walking Club 12:30p Reminisce Grp 1:30p Arthritis Foundation Exercise Program (\$5) 2:30p Canasta  | 9a Better Balance (\$4) 11 9:45a Advanced Better Balance (\$4) 10a Uno 1p Zumba Gold (\$5) 2p Games & Mahjong 6p CAA * | 10a Digital Photography * 12 11a Open Art/Craft Room 12p Virtual Cardio Drumming 1p Cardio Drumming (\$5) 2p Crochet Club 2p Canasta | 9a Fall Recovery (\$5) * 13 11a SRG Volunteer Opportunities 12:30p Tai Chi (\$4) 1p Blood Pressure Checks 2p Jewelry Club 2p Dominoes | 9:15a Chair Yoga (\$4) (V) 14 10a Trivia 1p Friday Favorite Movie – <i>Beetlejuice*</i> <i>Close at 3:30pm; please arrange pickup no later than 3pm.</i> |
| 9:15a AHOY (\$4) 17 (V) 10a Walking Club 11a Stitch Happens * 12:30p Reminisce Grp 1:30p Arthritis Foundation Exercise Program (\$5) 2:30p Canasta | 9a Better Balance (\$4) 18 9:45a Advanced Better Balance (\$4) 10a Uno 1p Zumba Gold (\$5) 2p Games & Mahjong | 10a Digital Photography * 19 10a Shakedown on Sugar 11a Open Art/Craft Room 12p Virtual Drumming 1p Cardio Drumming (\$5) 2p Crochet Club 2p Canasta | 10a Recipe for Success (V) 20 12:30p Tai Chi (\$4) 1p Blood Pressure Checks 2p Jewelry Club 2p Dominoes | 9:15a Chair Yoga (\$4) (V) 21 10a Trivia 1p Friday Favorite Movie – <i>Casablanca*</i> <i>Close at 3:30pm; please arrange pickup no later than 3pm.</i> |
| 9:15a AHOY (\$4) 24 (V) 10a Walking Club <i>No Reminisce Grp today.</i> 1:30p Arthritis Foundation Exercise Program (\$5) 2:30p Canasta | 9a Better Balance (\$4) 25 9:45a Advanced Better Balance (\$4) 10a Uno 1p Zumba Gold (\$5) 2p Games & Mahjong | 10a Digital Photography * 26 11a Open Art/Craft Room 12p Virtual Cardio Drumming 1p Cardio Drumming (\$5) 2p Crochet Club 2p Canasta | 10a Chile Travelogue * 27 12:30p Tai Chi (\$4) 1p Blood Pressure Checks 2p Jewelry Club 2p Dominoes | 9:15a Chair Yoga (\$4) (V) 28 10a Donuts with the Director 1p Friday Favorite Movie – <i>The Creator*</i> <i>Close at 3:30pm; please arrange pickup no later than 3pm.</i> |
| 9:15a AHOY (\$4) 31 (V) 10a Walking Club <i>No Reminisce Grp today.</i> 1:30p Arthritis Foundation Exercise Program (\$5) 2:30p Canasta |  | | | |

A * next to an activity means you must sign up ahead of time