

Monday

Tuesday

Wednesday

Thursday

Friday

	<p>9a Better Balance 1 (\$3) 9:45a Advanced Better Balance (\$3) 11a Bingo 1p Zumba (\$3) 2p Cornhole/ Games</p>	<p>11a Open Art/Craft 2 1p Cardio Drumming (\$3)</p> 	<p>11a Recipe for Success 3 12:30p Tai Chi (\$3) 2p Jewelry</p> 	<p>No Chair Yoga 4 today. 11a Virtual Reality 11a Book Club 2p Film Screening & Discussion- "Out of the Past"</p>
<p>No AHOY today. 7 11a Chair Volleyball 1p Special Screening: Mamma Mia Sing Along</p> 	<p>9a Better Balance 8 (\$3) 9:45a Advanced Better Balance (\$3) 11a Bingo 1p Zumba (\$3) 2p Cornhole/ Games</p>	<p>11a Open Art/Craft 9 1p Cardio Drumming (\$3) 2:30p Belly Dancing (\$3)</p> 	<p>11a Recipe for Success 10 12:30p Tai Chi (\$3) 2p Jewelry</p> 	<p>9:15a Chair Yoga 11 (\$3) 11a Virtual Reality 11a Book Club 2p Film Screening & Discussion- "Double Indemnity"</p>
<p>9:15a AHOY (\$3) 14 No Chair Volleyball today! 10a Self Defense Seminar 3p Painting with Innovative Arts *Last Day to Send in Your Recipes for the Recipe Book!*</p> <p>Start of Food Pantry Drive for GUM</p>	<p>9a Better Balance 15 (\$3) 9:45a Advanced Better Balance (\$3) 11a Bingo 1p Zumba (\$3) 2p Cornhole/ Games</p>	<p>11a Open Art/Craft 16 11a Gardening with Recipe for Success No Cardio Drumming. 2:30p Belly Dancing (\$3)</p>	<p>11a Recipe for Success 17 12:30p Tai Chi (\$3) 2p Jewelry</p> 	<p>9:15a Chair Yoga 18 (\$3) 11a Virtual Reality 11a Book Club 2p Film Screening & Discussion- "Touch of Evil"</p>
<p>9:15a AHOY (\$3) 21 11a Chair Volleyball 1p Thanksgiving Pie Party *Pick Up Your Recipe Book*</p> 	<p>9a Better Balance 22 (\$3) 9:45a Advanced Better Balance (\$3) 11a Bingo 1p Zumba (\$3) 2p Cornhole/ Games</p>	<p>11a Open Art/Craft 23 No Cardio Drumming. 2:30p Belly Dancing (\$3)</p> 	<p>24</p> 	<p>25</p> 
<p>9:15a AHOY (\$3) 28 11a Chair Volleyball 1p Special Screening: Trans Siberian Orchestra</p> 	<p>9a Better Balance 29 (\$3) 9:45a Advanced Better Balance (\$3) 11a Bingo 1p Zumba (\$3) 2p Cornhole/ Games</p>	<p>10a Saving for Success with Family Services of the Piedmont 30 11a Open Art/Craft 1p Cardio Drumming (\$3) 2:30p Belly Dancing (\$3)</p>		