

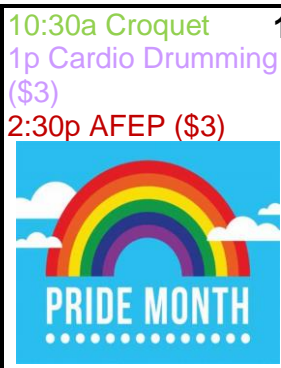
Monday

Tuesday

Wednesday

Thursday

Friday



10:30a Croquet 1
1p Cardio Drumming (\$3)
2:30p AFEP (\$3)

9a Better Balance 2 (\$3)
9:45a Advanced Better Balance (\$3)
11a Recipe for Success
11a Facebook 101
12:30p Tai Chi (\$3)
2p Jewelry

9:15a Chair Yoga (\$3) 3
10:30a Meditation
11a Virtual Reality
11a Aging Mastery Program (\$)
2p Film Screening & Discussion- "Shadow of a Doubt"
4:15p Cardio Drumming (\$3)

9a Home Automation Class 6
9:15a AHOY (\$3)
11:15a Line Dancing (\$3)
1p Living Health with Chronic Conditions Class
3p Android phone class
3p Painting with Innovative Arts

10a AFEP (\$3)
11a Bingo
2p Cornhole

7 10a Cooperative Extension
10:30a Croquet
1p Cardio Drumming (\$3)
2:30p AFEP (\$3)
4p Zumba (\$3)

8 9a Better Balance 9 (\$3)
9:45a Advanced Better Balance (\$3)
11a Recipe for Success
11a Avoiding Fake News Class
12:30p Tai Chi (\$3)
2p Jewelry

9:15a Chair Yoga 10 (\$3)
10:30a Meditation
11a Virtual Reality
11a Aging Mastery Program (\$)
2p Film Screening & Discussion- "Cluny Brown"

9:15a AHOY (\$3) 13
10a Intro to Streaming Services
11:15a Line Dancing (\$3)
1p Living Health with Chronic Conditions Class
2p Craft with Innovative Arts
3p Android phone class

10a AFEP (\$3) 14
11a Bingo
1p Zumba (\$3)
2p Cornhole

10:30a Croquet 15
11a Gardening Workshop
11 Chocolate Class
1p Cardio Drumming (\$3)
2:30p AFEP (\$3)
4p Zumba (\$3)

9a Better Balance 16 (\$3)
9:45a Advanced Better Balance (\$3)
11a Recipe for Success
12:30p Tai Chi (\$3)
2p Jewelry

9:15a Chair Yoga 17 (\$3)
10:30a Meditation
11a Virtual Reality
11a Aging Mastery Program (\$)
12:30p Music with Robin
2p Film Screening & Discussion- "Cave of Forgotten Dreams"

The Evergreens Lifestyle Center is closed today; these classes will still occur:
1p Intro to Chrome Software
3p Android phone class

10a AFEP (\$3) 21
11a Bingo
1p Zumba (\$3)
2p Cornhole
2p Virtual presentation with the Elderlaw Firm

10:30a Croquet 22
10a Credit Voyage
1p Cardio Drumming (\$3)
2:30p AFEP (\$3)
4p Zumba (\$3)

9a Better Balance 23 (\$3)
9:45a Advanced Better Balance (\$3)
11a Recipe for Success
12:30p Tai Chi (\$3)
2p Jewelry

9:15a Chair Yoga (\$3) 24
10a AHOY (\$3)
10:30a Meditation
11a Virtual Reality
11a Aging Mastery Program (\$)
1:30p Tye Dye (bring a white shirt)
2p Film Screening & Discussion- Marx Brothers Double Feature!

9:15a AHOY (\$3) 27
11:15p Line Dancing (\$3)
1p Living Health with Chronic Conditions Class
3p Android phone class

10a AFEP (\$3) 28
11a Bingo
1p Zumba (\$3)
2p Cornhole

10:30a Croquet 29
1p Cardio Drumming (\$3)
2:30p AFEP (\$3)
4p Zumba (\$3)

Noodles & Company Fundraiser from 4-8pm
4505 W. Wendover Ave.

9a Better Balance 30 (\$3)
9:45a Advanced Better Balance (\$3)
11a Recipe for Success
12:30p Tai Chi (\$3)
2p Jewelry

