



Retired and Senior Volunteer Program Spring 2010



**National Volunteer Week
April 18-24, 2010**

Making a Commitment to Serve

National Volunteer Week is about inspiring, recognizing and encouraging people to seek out imaginative ways to engage in their community. It is about taking action, encouraging others, and mobilizing people to make a difference in their communities. This week is a time of celebration and inspiration as we honor the hundreds of Guilford County residents who take action year round to strengthen our communities.

The RSVP program thanks each and every one of our volunteers who tirelessly share your time and talents with those in need. RSVP volunteers have contributed more than 35,000 volunteers hours to Guilford County nonprofits and public organizations since July 1, 2009. Without your help, many people in our community would not have received valuable services. RSVP recognizes the contributions volunteers make every day across the county, and challenges all people to step forward and help wherever there is need.

Please join us for Senior Resources of Guilford's Annual Volunteer Recognition Event

Where? Christ United Methodist Church, 410 N. Holden Road, Greensboro

When? May 19th Luncheon @ 12:30

May 20th Breakfast @ 8:30

Invitations will be mailed soon. Reservations are needed.

Come join the festivities!



RSVP Welcomes New Volunteers

October-March 2010

Jeanette Kercado	Esther Kessler	Claudette Vigilance	Zella Clements	Beulah Dawkins	Harold Haber	Sue Latimer
Dorothy Nelson	Linda Wearb	Patrick Perryman	Robert Dickson	Rudy Shipeky	Nancy Gordon	Jerry Phifer
Cathy Coltrane	Shirley Overdiep	Raymond Joye	Vickie Ann Joyner	John Cannon	Mozelle Stimpson	Hazel Carroll
John Carroll	Kay Coltrane	Mary Hamilton	Sharon Hice	Tabbie Nance	Edith Routh	Linda Trogdon
Sandy Ward	Warren Flannagan	Mary Farrell	Douglas Lyddon	William Cromartie	Dot Martin	Deborah Reynolds
Barbara Boyde	Selena Frazier	Lila Lloyd	Dorothy Smith	Sharon Greene	Billie McClintock	Joseph Cox
Richard Halstead	William Sadler	Jacqueline Moye	Sarah Becorest	Lois Hodges	Robert Weaver	Gloria Weaver
Shirley Hammett	I. Susie Romanowski	Jean Wren	Bobbie Huggins	Helen Roush	Sandra Royster	Daniel Horley
Sara Harper	Mary Ruth Johnson	Clara Summers	Earlene Lilley	Ella Dumas	Barbara Balkcum	Ann Brown
Cindy Ann Clapp	Betty Foster	S. Laverne Sharpe	Ann Straughan	Dee Wolff	Shirley Mason	Levester Thomas
Mattie Harris	Susan Ann Johnson	Joyce Parker	Sandra Barber	Winifred Phillips	Eliza Newsome	



The mission of Senior Resources of Guilford is to serve our diverse community of older adults and their families by advocating and providing supportive services that enhance the independence, health and quality of life for older adults



**RSVP Mileage Reimbursement Guidelines
2009-2010**



1. You must be a Guilford County resident to be eligible for mileage reimbursement.
2. If driving from one RSVP Station to another, only submit the round-trip mileage from your home, to both stations, then home.
3. Husbands & Wives, who volunteer at the same station on the same day & time, will only be paid ONE mileage reimbursement, maximum \$22.50 per month. **ONE REIMBURSEMENT PER HOUSEHOLD, PLEASE.**
4. Reimbursement vouchers must be received in the Senior Resources of Guilford office no later than the 5th day of the month in order to be processed for payment. Vouchers must be signed by the Station Manager in order to be processed. Vouchers received after the 5th day will be reimbursed the following month.
5. Mileage reimbursements **MUST** total at least \$5.00. Due to the time, paperwork, and postage required for reimbursement, finance will no longer write checks for less than \$5.00. Volunteers must drive at least 17 miles a month to their volunteer station to be reimbursed for mileage.
6. Payment of RSVP Mileage reimbursement vouchers is based on the fiscal year of July 1st-June 30th of each year. Payments for June 2010 must be submitted **NO LATER THAN July 5th, 2010** for payment. Vouchers submitted after that date will not be paid, since all reimbursements must occur prior to the end of the agency's fiscal year.
7. Mileage reimbursements are federally funded. Once the total budget is expended, reimbursements will be discontinued for the remainder of the fiscal year (June 30th). Should this occur, volunteers will receive written notice and reimbursements would resume at the beginning of the next fiscal year (July 1st)

Blessings Fundraiser

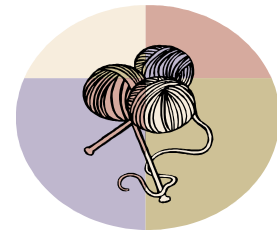
Thank you to everyone who contributed to the 2010 Blessing Fundraiser. The total donations received was **\$866.00!!!!**

Thank you for your thoughtful donations! These funds are used to fund the RSVP mileage reimbursements and the postage for the "Coupons for the Troops" program.

Do you knit, crochet, or sew?????

The Virtual Hands program needs you! We need chemo caps for the hospitals , baby blankets, and children's blankets for Project Linus. Use your imagination! Give to those in need!

Donations of yarn are always needed! Clean out your closet!



Calling all Volunteers!

The following volunteer sites are in need of volunteers. Please call Shelley @ 373-4816 x 234 for information.

Adult Center for Enrichment needs Care Partners and creative artists.

Reading Connections needs tutors in High Point & Greensboro.

High Point Theatre needs theatre ushers during performances.

Moses Cone Hospital needs volunteers in many departments.

High Point Regional Hospital has several department volunteer needs.

Roy B. Culler Senior Center needs a Front Desk Receptionist.

Greensboro Urban Ministry needs volunteers for Food Bank, Emergency Assistance & Clothing Bank, Weaver House, & Potters House.

Shepherds Center needs drivers for non-medical appointments (grocery store, bank, hair salon) Trips limited to City of Greensboro & 2 hours.

Greensboro Childrens Museum needs volunteers to work with children in museum setting and greet visitors.

RSVP needs occasional help with mailers and special projects!

Senior Wheels needs drivers for medical appointments.

Barnabas Network needs warehouse workers and woodworking assistants to help refurbish, refinish, and repair furniture.



Medicare

SHIIP volunteers, trained by the NC Department of Insurance, are available to assist Medicare beneficiaries with choosing their 2010 Medicare prescription drug plan. Volunteers are available to meet with clients on a one-on-one basis to review their current drug plan and compare with the 2010 plans.

SHIIP volunteers meet with clients at Senior Resources of Guilford 301 E. Washington Street, Greensboro and at the Roy B. Culler Senior Center, 600 N. Hamilton Street, High Point.

Please contact Shelley @ 373-4816 x 234 to schedule an appointment.

Attention Medicare Part D Recipients!

If you are currently enrolled in either the Fox Grand or Fox Value Medicare Part D prescription drug plan, it is important that you take action now!!!! Medicare has cancelled its contract with Fox Insurance Company, which means that the Fox Part D plans are no longer available to people with Medicare. **You must change your part D coverage from Fox to another company by April 30, 2010.**

SHIIP counselors are available to assist you in making the change. 2 free counseling events for Fox Medicare Part D recipients will be held at the following:

April 13, 2010	10am-2pm	Roy Culler Senior Center	600 N Hamilton Street	High Point
April 19	1pm-4pm	Senior Resources of Guilford	301 E Washington St	Greensboro

Please call 373-4816 x 234 to schedule an appointment. Bring a list of your current medications and your Medicare card. SHIIP Counselors will help you find a new plan that works for you!

Do you know someone who is on Medicare and needs assistance in paying for their prescription drugs? Medicare beneficiaries may be eligible for the federal Extra Help low income subsidy program if he/she has limited income and resources. The Extra Help program can increase cost savings by paying for all or part of the monthly premiums, annual deductibles, and provide low prescription copayments under a Medicare prescription drug plan. To qualify for Extra Help the annual income must be limited to \$16,245 for an individual (\$21,855 for a married couple living together). Additionally, the total resources must be limited to \$12,510 for an individual (\$25,010 for a married couple living together). The resources do not include a primary residence or a vehicle. If you believe someone you know may qualify for the Extra Help program, please encourage them to contact Senior Resources of Guilford-SHIIP at 373-4816 x 234 to receive assistance in applying for the Extra Help program.

Senior Resources of Guilford
PO Box 21993
301 E Washington Street
Greensboro, NC 27420

NON-PROFIT ORG.
U.S. POSTAGE
PAID
GREENSBORO, NC
PERMIT NO. 622

Retired and Senior Volunteer Program Staff

Shelley Sitko, Director
Margaret Brande, Assistant



Community Partner

Words of Wisdom

Those who can, do. Those who can do more, volunteer. ~Author Unknown

The breeze, the trees, the honey bees -
All volunteers!
~Juliet Carinreap

It's easy to make a buck. It's a lot tougher to make a difference. ~Tom Brokaw

The hardest arithmetic to master is that which enables us to count our blessings. ~Eric Hoffer

It's nice to be important, but it's more important to be nice. ~Author Unknown

How wonderful it is that nobody need wait a single moment before starting to improve the world. ~Anne Frank

The Senior Health Insurance Information Program (SHIIP) offers free, objective information about Medicare, Medicare Supplements, Medicare Advantage Plans, Medicare Prescription Drug Plans, Medicare fraud & abuse, and long-term care insurance.

The SHIIP Basic Training certification course teaches volunteers about various Medicare programs. SHIIP trains volunteers so they can help Medicare beneficiaries navigate the Medicare system.

As a SHIIP volunteer, you are helping your family, friends and community. Computer skills are necessary to become a SHIIP volunteer. Training is completed on-line. As a volunteer, you will receive printed materials and continued training.

Please contact Shelley Sitko @ 373-4816 if you are interested in becoming a SHIIP volunteer!

